

Rookies Cantina

140 S US Highway 17-92 | Longwood, FL 32750

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www.rookiescantina.com



Rookies Cantina



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20% Automatic gratuity will be added for parties of six (6) or more.

APPETIZERS

EMPANADAS

Handmade pastries filled with provolone-mozzarella cheese and your choice of ground beef or shredded chicken 13

CEVICHE

Slowly marinated fish or shrimp in lime juice, seasoned with spices, onions, tomatoes, cucumbers and cilantro 13

TAQUITOS DORADOS

Fried corn tortillas filled with shredded chicken or shredded beef. Topped with lettuce, fresco cheese, sour cream and red onions. Served with a side of avocado sauce 12

GUACAMOLE

Fresh avocado with tomatoes, onions, cilantro, lime juice and salt Small 6.50 | Regular 10.50

FRIED PICKLES

Fried pickles served with your choice of house or ranch dressing 8.50

JALAPEÑO POPPERS

Stuffed, breaded and deep fried jalapeño peppers. Topped with special house cream sauce 10

QUESO DIP Small 6 | Regular 8

BEAN DIP Small 7 | Regular 9

BEEF DIP Small 7 | Regular 9

CHORIZO DIP Small 7 | Regular 9

CHICKEN WINGS

5 Wings 10 | 10 Wings 16

Sauce: Barbecue Chipotle, Mild, Hot

Dressings: House, Rookies Sauce, and Blue Cheese

ROOKIES FRIES

Seasoned fries with chorizo, bacon, cilantro and melted cheese blend (provolone, mozzarella and cheddar). Served with a side of ranch dressing 13

NACHO FRIES

Seasoned wedges fries with steak and melted cheese blend. Topped with lettuce, pico de gallo, sour cream and Jalapeños. Served with a side of rookies sauce 15

NACHOS

Loaded with ground beef or shredded chicken and melted cheese. Topped with lettuce, sour cream, jalapeños and pico de gallo 13

Substitutions: Steak + 3.5 / Grilled Chicken + 3 Shrimp + 4 / Trio + 5



SALADS



ROOKIES SALAD

Fresh salad greens with cucumbers, tomatoes, onions, fresco cheese and topped with our delicious buffalo fried chicken 14.50

HOUSE SALAD

Fresh salad greens with cucumbers, tomatoes, onions and fresco cheese 8

Add on: Chicken 4.50 / Steak 5.25 / Shrimp 6.25

TACO SALAD

Flour tortilla bowl filled with mixed greens and your choice of shredded chicken or ground beef, monterey jack and cheddar cheese, sour cream and pico de gallo 13

Substitutions: Steak + 3.5 / Grilled Chicken + 3 Shrimp + 4

ROOKIES BOWL

Fresh salad greens topped with your choice of ground beef or shredded chicken, black beans, rice, mix cheese, sour cream, pico de gallo and guacamole 14.50

Substitutions: Steak + 3.5 / Grilled Chicken + 3 Shrimp + 4 / Shredded Beef + 3.5

Dressings:

House, Ranch, Vinaigrette and Blue Cheese

SOUPS

CHICKEN TORTILLA SOUP

Small 6.5 | Bowl 10

MENUDO Bowl 16

POZOLE Bowl 16

COCTEL DE CAMARONES Bowl 19

KIDS MENU

Children 12 and Under (Soft Drink Included)

CHICKEN FINGERS with French fries 8

KIDS QUESADILLA with your choice of Ground Beef or Shredded Chicken, rice and refried beans 8

KIDS BURRITO with your choice of Ground Beef or Shredded Chicken, rice and beans 8

KIDS TACO with your choice of Ground Beef or Shredded Chicken, and cheese, rice and beans 8

MAGARONI & CHEESE 7.50

* Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of a food borne illness.

ENCHILADAS

All enchiladas are served with rice, refried beans, lettuce, sour cream and pico de gallo.



ENMOLADAS

Three corn tortillas rolled and filled with shredded chicken and covered with our exclusive mole sauce, fresco cheese, onions, cilantro and sour cream 16

ENCHILADAS VERDES

Three corn tortillas rolled and filled with shredded chicken and covered with green tomatillo sauce and melted cheese 15

ENCHILADAS ROJAS

Three corn tortillas rolled and filled with ground beef and covered with red sauce and melted cheese 15

CHEESE ENCHILADAS

Three corn tortillas rolled and filled with cheese and covered with red sauce and melted cheese 15

VEGETARIAN

All vegetarian plates are served with Mexican rice and black beans.

VEGGIE FAJITAS A combination of cooked zucchini, broccoli, mushrooms, bell peppers, onions and tomatoes. Served with lettuce, mixed cheese, pico de gallo, sour cream, guacamole and your choice of flour or corn tortillas 17

VEGGIE TACOS Three veggie tacos topped with lettuce, mixed cheese and pico de gallo. Your choice of flour, corn or crispy tortillas 14.50

VEGGIE BURRITO Flour tortilla wrapped and filled with rice, black beans, mix veggies and mixed cheese. Topped with your choice of red or green sauce and melted cheese. Served with lettuce, pico de gallo and sour cream 15

VEGGIE ENCHILADAS Three corn tortillas rolled and filled with veggies. Topped with red or green sauce and melted cheese. Served with lettuce, pico de gallo and sour cream 15

VEGGIE QUESADILLA Flour tortilla folded and filled with provolone mozzarella cheese, veggies and sautéed onions and peppers. Served with lettuce, pico de gallo and sour cream 15

VEGGIE CHIMICHANGA Wrapped and deep fried flour tortilla filled with rice, black beans, mix veggies and mixed cheese. Served with lettuce, pico de gallo and sour cream 15.50

TACOS

All tacos are served in your choice of tortillas with Mexican rice and refried beans.

CARNE ASADA TACOS Three grilled steak tacos topped with onion and cilantro 16

SHRIMP TACOS Three seasoned grilled shrimp tacos topped with cabbage salad 16.50

MAHI MAHI TACOS Three Mahi Mahi fish tacos topped with cabbage salad 16.50

CARNITAS TACOS Three carnitas tacos topped with onion and cilantro 16

TACOS GRINGOS

Three tacos with your choice of shredded chicken or ground beef, topped with lettuce, mixed cheese and pico de gallo 15

PASTOR TACOS

Three marinated pork tacos topped with pineapple, onion and cilantro 16.50

NORTEÑOS TACOS Three steak tacos topped with grilled onions, fresco cheese, avocado slices and cilantro 17

BIRRIA TACOS Three birria tacos topped with onions and cilantro. Served with our birria broth and house-made spicy sauce 18

PORK BELLY TACOS Three pork belly tacos topped with red pickled onion and cilantro. Served with our house-made spicy sauce 17



TRADITIONAL

All traditional plates are served with Mexican rice, black beans and your choice of tortillas.

POLLO CON MOLE

Shredded chicken simmered in mole sauce 17

CHILES RELLENOS

Breaded Poblano peppers filled with ground beef or cheese. Topped with ranchero sauce and fresco cheese.

1 Chile Relleno 14 | 2 Chiles Rellenos 17

CHICHARRON EN SALSA VERDE

Pork skin cooked in green tomatillo sauce with cactus and onions 16

PUERCO EN SALSA VERDE

Pork butt slowly cooked in green tomatillo sauce with cactus and onions 16

PUERCO EN SALSA CHIPOTLE

Pork butt slowly cooked in chipotle sauce with cactus and onions 16

TAMALES

Pork or Chicken tamales covered with red or green sauce and melted cheese 16

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FAJITAS

All fajitas are served with rice, refried beans, lettuce, mix cheese, sour cream, guacamole, pico de gallo and your choice of tortillas.

CHICKEN FAJITAS

Seasoned grilled chicken with sautéed bell peppers and onions 17

STEAK FAJITAS

Seasoned steak with sautéed bell peppers and onions 18

SHRIMP FAJITAS

Seasoned shrimp with sautéed bell peppers and onions 20

MUSHROOM JACK CHICKEN FAJITA

Seasoned grilled chicken, provolone mozzarella cheese and bacon, with sautéed onions and peppers 20

FAJITA TRIO

Seasoned steak, grilled chicken and seasoned shrimp with sautéed bell peppers and onions 24

PORK FAJITAS

Marinated pork carnitas with sautéed bell peppers and onions 18.50

ROOKIES FAJITAS

Seasoned steak, chicken and chorizo with sautéed bell peppers and onions 22

FAJITAS FOR TWO

Seasoned steak and grilled chicken with sautéed bell peppers and onions 33

FAJITA TRIO FOR TWO

Seasoned steak, grilled chicken and seasoned shrimp with sautéed bell peppers and onions 38

FAMILY SIZE FAJITA

Seasoned steak, shrimp, grilled chicken and pork carnitas with sautéed onions and peppers 50

FAVORITES

All favorites are served with rice, refried beans, lettuce, sour cream and pico de gallo.

BIG BURRITO

Flour tortilla stuffed with rice, refried beans, mix cheese and your choice of ground beef OR shredded chicken. Topped with your choice of red or green sauce 15

BIG QUESADILLA

Flour tortilla folded and filled with provolone - mozzarella cheese, bell peppers, onions and your choice of shredded chicken or ground beef 15

CHIMICHANGA

Flour tortilla wrapped, deep fried and stuffed with rice, mix cheese, refried beans and your choice of ground beef or shredded chicken 16

TOSTADAS

Two flat crispy corn tortillas with a spread of refried beans topped with your choice of ground beef or shredded chicken, lettuce, pico de gallo, fresco cheese and sour cream 15

CALI-BURRITO

Flour tortilla filled with steak, French fries, lettuce, pico de gallo, mix cheese and guacamole. Served with rice and black beans 18

**Substitutions: Grilled Chicken + 3
Chorizo + 3 / Steak + 3.50 / Carnitas + 3
Pastor + 3 / Shredded Beef + 3.50 / Shrimp + 4**

Create Your Own

COMBINATION

Combos are served with rice, refried beans, lettuce, sour cream and pico de gallo.

PICK 2 - 15 | PICK 3 - 17

**FAVORITES:
BURRITO, ENCHILADA, TACO, TOSTADA,
QUESADILLA**

**FILLING:
GROUND BEEF, SHREDDED CHICKEN**



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ENTREES

CABALLO LOCO

Ribeye steak grilled to your preference with two chicken enchiladas. Served with rice, refried beans, lettuce, pico de gallo and sour cream 28

CARNE ASADA

Ribeye steak cooked to your preference and topped with onions, tomatoes and fresh jalapeños. Served with rice, refried beans, lettuce, guacamole, pico de gallo and your choice between corn or flour tortillas 27

MAR Y TIERRA

Ribeye steak grilled to your preference with grilled shrimp covered with our red or green sauce. Served with rice, refried beans, lettuce, pico de gallo, sour cream, and your choice of corn or flour tortillas 29

POLLO LOCO

Grilled Chicken with two ground beef enchiladas. Served with rice, refried beans, lettuce, pico de gallo and sour cream 22



CARNITAS

Seasoned pork tips, served with rice, refried beans, marinated red onions, a side of green sauce and your choice of corn or flour tortillas 19.50

ROOKIES BURGER

Homemade 100% beef patty grilled to perfection with chorizo and cheese. Topped with lettuce, pico de gallo, mayo and avocado slices. Served with fries 16.50

MUSHROOM JACK BURGER

Angus Beef patty grilled to perfection with grilled onions and mushrooms. Topped with mayo, lettuce, pico de gallo and cheese. Served with fries and a jalapeño toreado 17.50

RIBEYE LOADED

Ribeye steak grilled to your preference topped with mushrooms, onions and cheese dip. Served with rice and refried beans, lettuce, pico de gallo and sour cream 27



GRILLED CHICKEN LOADED

Grilled chicken topped with mushrooms, onions and cheese dip. Served with rice and refried beans, lettuce, pico de gallo and sour cream 19

SHRIMP PLATTER

Sautéed shrimp cooked to your preference, served with rice, corn esquites, lettuce, pico de gallo and sour cream 20

***A la Diabla / Scampi / Mojo de Ajo**

MOJARRA FRITA

Fried mojarra served with house salad and Mexican rice 21

GRILLED SALMON

Grilled salmon topped with our house garlic butter. Served with Mexican rice, mixed veggies and cabbage salad 20

**Substitutions: Haddock or Mahi Mahi
Add Shrimp + 5**

QUESABIRRIAS

Three corn tortillas filled with provolone mozzarella cheese and Birria style beef, red pickled onions and cilantro. Served with Mexican rice, refried beans, birria broth and our homemade spicy sauce 19

SOPES DE BIRRIA

Three masa patties topped with birria style beef, fresco cheese, red pickled onions and cilantro. Served with Mexican rice, birria broth and our homemade spicy sauce 19

CHILAQUILES

Corn tortilla cut into triangles and tossed in your choice of red or green sauce. Topped with steak, fresco cheese, onions, cilantro, sour cream, radishes and avocado slices. Served with rice and refried beans 18



LUNCH Specials

(Monday to Friday from 11:00 AM to 3:00 PM)

All lunch specials are served with rice, refried beans, lettuce, sour cream and pico de gallo.

ENCHILADAS LUNCH

Two corn tortillas rolled and stuffed with your choice of Shredded Chicken, Ground Beef or Cheese, covered with your choice of sauce and melted cheese 12.50

TACOS LUNCH

Two tacos with your choice of Steak or Pork Carnitas, topped with onions and cilantro 13

SPEEDY GONZALEZ

One taco and one enchilada with your choice of Shredded Chicken or Ground Beef 12.50

TACOS GRINGOS

Two tacos with your Shredded Chicken or Ground Beef, topped with mix cheese, lettuce and pico de gallo 12.50

CHIMICHANGA LUNCH

Flour tortilla wrapped, fried and stuffed with rice, refried beans, mix cheese and your choice of Shredded Chicken or Ground Beef and topped with cheese dip 13

BIG BURRITO LUNCH

Flour tortilla stuffed with rice, refried beans, mix cheese and your choice of Shredded Chicken or Ground Beef and covered with your choice of sauce and melted cheese 13

QUESADILLA LUNCH

Flour tortilla filled with Provolone - Mozzarella, bell peppers, onions and your choice of filling Shredded Chicken or Ground Beef 13

ROOKIES LUNCH BOWL

Fresh salad greens topped with your choice of shredded chicken or ground beef, black beans, rice, mix cheese, sour cream, pico de gallo and guacamole 12.50

FRIED CHICKEN SANDWICH

Fried chicken patty with chorizo and cheese. Topped with lettuce, pico de gallo and mayo. Served with fries 13

BUFFALO CHICKEN WRAP

Flour tortilla rolled and filled with lettuce, mixed cheese, pico de gallo, ranch dressing and buffalo fried chicken. Served with fries and side of house dressing 14



DESSERTS

CHURROS 8.50

FRIED ICE CREAM 9

SOPAPILLAS 9

ICE CREAM 4.50

FLAN 8.5

CHEESECAKE 10
Piña Colada / Caramel

CHOCOLATE MOLTEN CAKE 11

SIDES

Grilled Vegetables	5
French Fries	5
Mexican Rice	4.50
Refried Beans	4.50
Corn Esquites	4.50
Sour Cream	1.50
Guacamole	2
Pico de Gallo	1.50
Jalapeños	1.50
Mix Cheese	2.50
Cheese Dip	3.50
House Salad Side	5
Fajita Setup	9
Pork Skin	5
Mexican Corn	Small 5.50 / Regular 9

BEVERAGES

SOFT DRINKS

WATER
COKE PRODUCTS
MEXICAN SOFT DRINKS
AGUAS FRESCAS
ICED TEA
BOTTLE WATER